

VENUS WALTZ



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Music : Columbia COCS-11734 CD Track 5 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Waltz Phase VI
Sequence : Intro - A - B - A - B(1-13) - Ending **Speed** : 29 MPM
Timing : 123 unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 4 WAIT; M ROLL L; W SYNCO ROLL L TO FC; BOX FIN;

- 1 {Wait} Tandem Wall both L ft free wait 1 meas;
2 {M Roll Left} Roll LF 1 full trn L, R, L (W hold,-,-);
(12&3) 3 {W Syncopated Roll Left To Face} Hold,-,- (W roll LF 1 1/2 L, R/L, R to fc ptr) end CP Wall;
4 {Box Finish} Bk R comm trn 3/8 LF, complete trn sd L, cl R end CP DLC;

PART A

1 - 8 DBL TELESPIN TO CL;;; BK CHASSE SCP; OPN NAT; OUTSD SPIN OVRTRN; R TRNG LK; QK OPN REV;

- 123 1-3 {Double Telespin To Closed} Fwd L comm trn LF with right sd stretch, fwd & sd R cont trn &
1&23 stretch, sd & bk L with partial wgt; rotate upper body LF/take full wgt to L spin LF no sway, sd R
1&23 cont trn with right sd stretch, sd & bk L with partial wgt; rotate upper body LF/take full wgt to L
spin LF no sway, sd R cont trn, bk L (W bk R comm trn LF, cl L heel trn, fwd R cont trn;
keep right sd twd M fwd L/R, toe spin LF on R and cl L, fwd R cont trn; fwd L/R, toe spin LF on R
and cl L, fwd R) end CP RLOD;
12&3 4 {Back Chasse To SCP} Bk R trn LF to fc Wall, sd L/cl R, sd L to SCP DLW;
5 {Open Natural} Thru R comm trn RF, sd L cont trn, bk R to CBMP lead W to step outsd ptr
(W thru L, fwd R, fwd L outsd ptr) end Bjo RLOD;
6 {Outside Spin Overturn} With right sd lead sm bk L toe in comm trn RF lead W to outsd ptr, fwd R
in CBMP cont trn, sd & bk L cont trn (W with left sd lead stay well in M's R arm fwd R outsd ptr,
cl L on toe cont trn, fwd R between M's feet cont trn) end CP RLOD;
1&23 7 {Right Turning Lock} Comm trn RF bk R with right sd lead/XLIF cont trn to fc COH, with left sd
stretch cont trn sd & fwd R between W's feet, fwd L to SCP (W fwd L with left sd lead/XRIB cont
trn, with right sd stretch fwd & sd L cont trn, fwd R) end SCP DLC;
12&3 8 {Quick Open Reverse} Thru R, fwd L trn LF to CP/sd & bk R twd LOD, bk L lead W to CBMP
(W thru L comm trn LF, cont trn sd R to CP/cont trn fwd L twd LOD, fwd R) end Bjo RLOD;

9 - 16 L TIPPLE CHASSE PVT TO THROWY OVRSWAY;;; SLO RISE; FALLAWAY RONDE & SLIP; 1 L TRN; REV PVT TO VIEN X; RISING LK;

- 12&3 9 {Left Tipple Chasse Pivot} Comm upper body trn LF bk R, cont trn sd L with right sd stretch/cl R,
cont trn sd & fwd L pivot LF to fc RLOD;
10-11 {Throwaway Oversway} Bk R trn LF, sd & fwd L, relax L knee keep R ft pt sd & bk; with left sd
stretch keep looking at ptr,-,- (W fwd L trn LF, sd & fwd R to momentary SCP, cont trn relax R
knee; slide L ft bk under body past R and pt bk look well left,-,-);

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- 12 {Slow Rise} Slowly rise on L with leading W to trn to fc,-,- end CP Wall trail ft free;
- 13 {Fallaway Ronde & Slip} Sd R ronde L CCW with right sd stretch and XIB no wgt, bk L rise with trng LF, slip bk R (W sd L ronde R CW and XIB no wgt, bk R comm trn LF on ball of R ft thighs locked L leg extended, slip fwd L) end CP DLC;
- 123& 14 {One Left Turn} Fwd L comm trn 3/8 LF, sd R cont trn, cl L end CP RLOD;
- 15 {Reverse Pivot To Viennese Cross} Bk R pivot 1/2 LF on ball of ft, fwd L cont trn, sd R cont trn/ lk LIF (W fwd L pivot 1/2 LF on ball of ft, bk R cont trn, sd L cont trn/cl R) end CP RLOD;
- 16 {Rising Lock} Bk R comm trn LF, sd & fwd L cont trn, lk RIB cont body trn end CP DLC;

PART B

1 - 8 CHKD REV SLIP; DBL NAT; M CHAIR & SLIP; DBL REV SPLIT RONDE;; CONTRA CHK & SWITCH; CURVED FEATHER; SYNCO ROYAL SPIN;

- 1 {Checked Reverse Slip} Fwd L, fwd R on toe trn LF with right sd stretch chkg fwd motion, trn RF rec L cont trn to fc DLW (W bk R, cl L rise on toe trn LF chkg bk motion, trn RF slip fwd R cont trn) end CP DLW;
- (12&3) 2 {Double Natural Spin} Fwd R comm trn RF, fwd & sd L cont trn on L with spinning action, tch R to L (W bk L trn upper body RF, cl R heel trn/sd & fwd L around M, fwd R outsd ptr) end Bjo DLW;
- 3 {M Chair & Slip} With RF upper body trn chk fwd R outsd ptr with lunge action lead W to swivel RF, comm LF upper body trn rec L, cont trn slip bk R (W with flex knees and tch L to R swivel RF on R, swivel LF on R, cont trn slip fwd L) end CL DLC;
- (12&3& 12&3) 4-5 {Double Reverse Split Ronde} Fwd L comm trn LF, sd R, spin LF on ball of R bring L ft beside R with no wgt flex knees; lower on R ronde L CCW trn LF, XLIB cont trn, slip bk R (W bk R comm trn LF, cl L heel trn/cont trn sd R, cont trn XLIF/cl R; lower on R ronde L CCW trn LF, XLIB cont trn/sd & bk R cont trn, slip fwd L) end CP DRC;
- 6 {Contra Check & Switch} Flex knees with strong right side lead check fwd L, rec R comm trn RF leave L ft almost in pl, cont trn bk L soft knees (W left side lead bk R look well to left, rec L comm trn RF leave R ft almost in pl, cont trn fwd R between M's feet) end CP DLW;
- 7 {Curved Feather} Fwd R comm trn RF, sd & fwd L cont trn with left sd stretch, cont trn fwd R outsd ptr chkg with left sd stretch (W bk L, bk R with right sd stretch, bk L in CBMP) end Bjo DRW;
- 12&3 8 {Syncopated Royal Spin} Comm RF upper body trn sm bk L toe in with right sd lead, cont trn fwd R outsd ptr/cont trn sd & fwd L, cont trn chk fwd R outsd ptr (W comm RF upper body trn fwd R outsd ptr, cont trn ronde L CW/cont ronde, cl L) end Bjo RLOD;

9 - 16 BK & R CHASSE; RUMBA X 2X w/SWIVEL WHISK END;;; CHKD SWIVEL; RUNNING OPN REV TRN; OVRTRN BK HVR TELE; PICK UP DBL LKS;

- 12&3 9 {Back & Right Chasse} Bk L trn RF to fc COH, sd R/cl L, sd R end CP COH;
- 1&23 10-12 {Rumba Cross Twice With Swivel Whisk Ending} Comm trn LF fwd L with left shldr lead with left sd stretch/XRIB cont trn on toes with left sd stretch, cont trn bk L, cont trn fwd R (W bk R/XLIF cont trn on toes; fwd R between M's feet pivot 1/2 RF, bk L) end CP COH; repeat meas 10; with RF upper body trn with right sd stretch lead W to walk across outsd ptr, cont upper body trn, XLIB (W with left sd lead XRIF outsd ptr comm trn RF, sd L, swivel RF on L XRIB) end Tight SCP DLC;
- 13 {Checked Swivel} Thru R chkg lead W to swivel LF, rec L, bk R (W thru L swivel LF to Bjo, fwd R outsd ptr, fwd L blend to CP) end CP DLC;
- 12&3 14 {Running Open Reverse Turn} Fwd L comm trn LF, sd R cont trn/bk L in CBMP, bk R end Bjo RLOD;

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- 15 {Overturn Back Hover Telemark} Comm RF upper body trn bk L in CBMP, sd & fwd R slight rise with hovering action cont trn to fc DLW, sd & fwd L (W comm RF upper body trn fwd R between M’s feet pivot RF, sd & fwd L cont trn with hovering action, sd & fwd R) end SCP DLW;
- 12&3& 16 {Pick Up Double Locks} Thru R pick W up, sd & fwd L/trng LF lk RIB, sd & fwd L/cont trng lk RIB end CP DLC;

REPEAT PART A

REPEAT PART B MEAS 1 THRU 13

END

1 - 4 OPN TELE; OPN NAT; BK PREP TO SM FT LUNGE::

- 1 {Open Telemark} Fwd L comm trn LF, sd R cont trn, sd & fwd L (W bk R comm trn LF bring L beside R with no wgt, cl L heel trn, sd & fwd R) end SCP DLW;
- 2 {Open Natural} Repeat meas 5 Part A;
- 3-4 {Back Preparation To Same Foot Lunge} Bk L trn RF to fc COH, tch R to L, hold (W fwd R comm trn RF, cont trn sm sd L, hold) end M fc COH W fc DRW;
lower on L with slight sway left while reaching R sd with toe pointing DLC, transfer wgt to R soft knee comm stretch upward, cont stretch sway right look at ptr (W XRIB well under body, trn body to left, head well left);